



## Kambalda Triathlon / Duathlon

Sunday 15th January 2023

The Kalgoorlie Triathlon Club is excited to bring a triathlon & duathlon to Kambalda in January 2023. The race will consist of the following legs available to both individual and teams (of two or three people):

- |                                  |            |             |          |
|----------------------------------|------------|-------------|----------|
| <input type="radio"/> Triathlon: | 400 m Swim | 11 km Cycle | 3 km Run |
| <input type="radio"/> Duathlon:  | 1.5km Run  | 11 km Cycle | 3 km Run |

### Key Event Information

Registrations Open: 7:15am

Race Briefing: 7:50am

Race Begins: 8:00am

Presentations: 9:00am

**Swim Leg:** The swim leg will take place in the Kambalda West local swimming pool at Barnes Drive. Competitors will start at the shire office end of the pool and complete 8 laps (400m) and exit out of the two gates towards the transition area in the shire staff carpark (see transition area diagram).

**Ride Leg:** The ride leg is a ~3km loop which competitors will complete 4 laps (approx. ~11km). Competitors will exit left out of the transition area towards the main pool entrance and follow the road to turn left at Salmon Gum Rd, then left turns at the following streets (as illustrated in the map):

- Irish Mulga Drive → Mallee Drive → Stringybark Drive → Callitris Rd → Salmon Gum Rd

Please note there will be no road closures, so competitors must obey all road rules and give way to any traffic where necessary. On completion of the fourth lap competitors will need to ride past the shire office and enter transition off Irish Mulga Drive through the main rec centre entrance.

**Run Leg:** Competitors will exit left out of the transition area towards the main pool entrance and follow the road to the intersection of Barnes Drive & Salmon Gum Rd where they will turn around and run back down Barnes Drive past the transition area to then turn left onto Irish Mulga Drive.

The course then left turns at the following streets (as illustrated in the map):

- Irish Mulga Drive → Mallee Drive → Stringybark Drive → Callitris Rd → Salmon Gum Rd → Barnes Drive

The course finishes on Barnes Drive where competitors will need to run back through transition.

Please note there will be no road closures, so competitors must obey all road rules and give way to any traffic where necessary. There are also parts of this course that do not have a footpath.

Competitors are urged to stay as far left as possible.

The first lap of the duathlon will be a half lap – there will be a turn-around sign at 750m.

## **Race Fees**

The following race fees apply which are for pool entry and race day insurance only:

**Race Fee:** KTC Member – No Charge  
Non Members: \$20

Includes post Event BBQ and access to the pool.

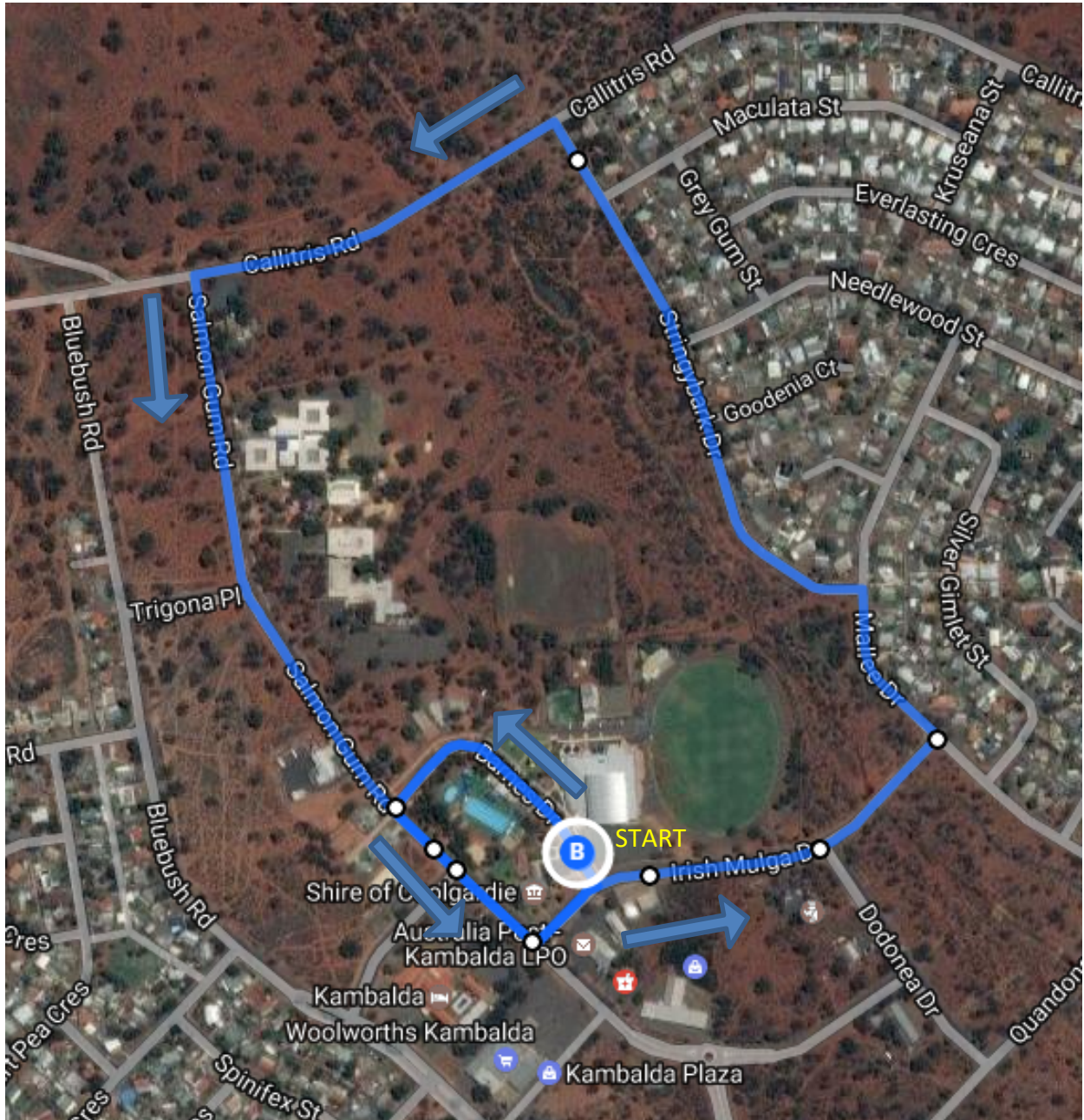
**This event is sanctioned by Triathlon Western Australia (TWA)**

# Transition Area





## Bike Course





**Run Course**

